



FOUNDATION FOR SENIOR CARE

Committed to the wellbeing of older adults

ADULT DAY CENTER • MAY 2024 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9a Coffee & Snack 10a Chair Yoga 11a Trivia Madness 12p Lunch 1p Hangman 2p Chat & Chew 3p Balloon Tennis 4p Pick Up National Lei Day	2 9a Coffee & Snack 10a Chair Yoga 11a Trivia Madness 12p Lunch 1p Make Truffles 2p Chat & Chew 3p Balloon Tennis 4p Pick Up National Truffle Day	3 9a Coffee & Snack 10a Chair Yoga 11a Trivia Madness 12p Lunch 1p Hangman 2p Chat & Chew 3p Balloon Tennis 4p Pick Up National Space Day
6 9a Coffee & Snack 10a Chair Jazzercise 11a Courtyard Fun 12p Lunch 1p Make Rootbeer Float 2p Chat & Chew 3p Ping Pong Madness 4p Pick Up National Beverage Day	7 9a Coffee & Snack 10a Chair Jazzercise 11a Courtyard Fun 12p Lunch 1p Table Games 2p Chat & Chew 3p Ping Pong Madness 4p Pick Up National Teacher Day	8 9a Coffee & Snack 10a Chair Jazzercise 11a Courtyard Fun 12p Lunch 1p Table Games 2p Chat & Chew 3p Ping Pong Madness 4p Pick up World Red Cross Day	9 9a Coffee & Snack 10a Chair Jazzercise 11a Courtyard Fun 12p Lunch 1p Book Making 2p Chat & Chew 3p Ping Pong Madness 4p Pick Up Make A Book Day	10 9a Coffee & Snack 10a Chair Jazzercise 11a Courtyard Fun 12p Lunch 1p Golf Madness 2p Chat & Chew 3p Ping Pong Madness 4p Pick Up National Golf Day
13 9a Coffee & Snack 10a Chair Zumba 11a Current Events 12p Lunch 1p Make Apple Pie 2p Chat & Chew 3p Badminton 4p Pick Up National Apple Pie Day	14 9a Coffee & Snack 10a Chair Zumba 11a Current Events 12p Lunch 1p Make Biscuits 2p Chat & Chew 3p Badminton 4p Pick Up Butter Milk Biscuit Day	15 9a Coffee & Snack 10a Chair Zumba 11a Mothers Day Brunch 1p Pictionary 2p Chat & Chew 3p Badminton 4p Pick Up Peace Officer Day NO LUNCH NEEDED	16 9a Coffee & Snack 10a Chair Zumba 11a Current Events 12p Lunch 1p Pictionary 2p Chat & Chew 3p Badminton 4p Pick Up Wear Purple Day	17 9a Coffee & Snack 10a Chair Zumba 11a Current Events 12p Lunch 1p Pictionary 2p Chat & Chew 3p Badminton 4p Pick Up National Pizza Party Day NO LUNCH NEEDED
20 SPIRIT WEEK 9a Coffee & Snack 10a Chair Yoga 11a Courtyard Fun 12p Lunch 1p Making Cookies 2p HAPPY HOUR FUN 3p Corn Hole Game 4p Pick Up WILD WIG DAY	21 SPIRIT WEEK 9a Coffee & Snack 10a Chair Yoga 11a Courtyard Fun 12p Lunch 1p Animal Crafting 2p HAPPY HOUR FUN 3p Corn Hole Game 4p Pick Up SAFARI DAY	22 SPIRIT WEEK 9a Coffee & Snack 10a Chair Yoga 11a Courtyard Fun 12p Lunch 1p Move To Music 2p HAPPY HOUR FUN 3p Corn Hole Game 4p Pick Up MASQUERADE DAY	23 SPIRIT WEEK 9a Coffee & Snack 10a Chair Yoga 11a Courtyard Fun 12p Lunch 1p Badminton Game 2p HAPPY HOUR FUN 3p Corn Hole Game 4p Pick Up BEACH DAY	24 SPIRIT WEEK 9a Coffee & Snack 10a Chair Yoga 11a Courtyard Fun 12p Lunch 1p Making Salsa & Chips 2p HAPPY HOUR FUN 3p Corn Hole Game 4p Pick Up SPORTS DAY
27 	28 9a Coffee & Snack 10a Move To Music 11a Parachute Fun 12p Lunch Outside 1p Bingo 2p Chat & Chew 3p Ballon Tennis 4p Pick Up World Hunger Day Critter Visit	29 9a Coffee & Snack 10a Move To Music 11a Parachute Fun 12p Lunch Outside 1p Bingo 2p Chat & Chew 3p Ballon Tennis 4p Pick Up World Otter Day Singing Seniors	30 9a Coffee & Snack 10a Move To Music 11a Parachute Fun 12p Lunch Outside 1p Lets Get Crafty 2p Chat & Chew 3p Ballon Tennis 4p Pick Up National Creativity Day	31 9a Coffee & Snack 10a Move To Music 11a Parachute Fun 12p Lunch Outside 1p Bingo 2p Chat & Chew 3p Ballon Tennis 4p Pick Up National Smile Day