



# FOUNDATION FOR SENIOR CARE

Committed to the wellbeing of older adults

## ADULT DAY CENTER • JUNE 2024 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 9a Coffee & Snack 10a Chair Jazzercise 11a Lets Get Crafty 12p Lunch & Family Feud 1p Courtyard Sun & Fun 2p Make & Eat Cider Floats 3p Balloon Tennis 4p Pick Up National Cider Day	<b>4</b> 9a Coffee & Snack 10a Chair Jazzercise 11a Lets Get Crafty 12p Lunch & Movie 1p Courtyard Sun& Fun 2p Chat, Snack, Puzzle 3p Balloon Tennis 4p Pick Up National Hug Your Cat	<b>5</b> 9a Coffee & Snack 10a Chair Jazzercise 11a Lets Get Crafty 12p Lunch & Classical 1p Courtyard Sun& Fun 2p Gingerbread & Trivia 3p Balloon Tennis 4p Pick Up Gingerbread Day	<b>6</b> 9a Coffee & Snack 10a Chair Jazzercise 11a Lets Get Crafty 12p Lunch & Comedy 1p CourtyardSun&Fun 2p Make Cake Eat Cake 3p Balloon Tennis 4p Pick Up AppleSauce Cake Day	<b>7</b> 9a Coffee & Snack 10a Chair Jazzercise 11a Lets Get Crafty 12p Lunch & History TV 1p Courtyard Sun & Fun 2p Make Donuts Eat Donuts 3p Balloon Tennis 4p Pick Up National Donut Day
<b>10</b> 9a Coffee & Snack 10a Chair Yoga 11a Gardening 12p Picnic Lunch w/Iced Tea 1p Outdoor Games 2p Chat, Snack & Trivia 3p Corn Hole Toss 4p Pick Up National Iced Tea Day	<b>11</b> 9a Coffee & Snack 10a Chair Yoga 11a Gardening 12p Picnic Lunch 1p Outdoor Games 2p Chat, Snack, Puzzle 3p Corn Hole Toss 4p Pick Up National Say Hi Day	<b>12</b> 9a Coffee & Snack 10a Chair Yoga 11a FATHERS DAY 12p GOLF BRUNCH 1p Outdoor Games 2p Chat, Snack, Puzzle 3p Corn Hole Toss 4p Pick Up NO LUNCH NEEDED	<b>13</b> 9a Coffee & Snack 10a Chair Yoga 11a Gardening 12p Picnic Lunch 1p Outdoor Games 2p Chat, Snack, Puzzle 3p Corn Hole Toss 4p Pick Up National Garden Day	<b>14</b> 9a Coffee & Snack 10a Chair Yoga 11a Gardening 12p Picnic Lunch 1p Outdoor Games 2p Chat, Snack & Trivia 3p Corn Hole Toss 4p Pick Up National Flag Day
<b>17 SPIRIT WEEK</b> 9a Coffee & Snack 10a Stretch & Breath 11a Memory Game 12p Lunch & Family Feud 1p Dictionary fun 2p Happy Hour w/Music 3p Pictionary 4p Pick Up Tie Dye Day	<b>18 SPIRIT WEEK</b> 9a Coffee & Snack 10a Stretch & Breath 11a Seek & Find 12p Lunch & Movie 1p Dictionary fun 2p Happy Hour w/Music 3p Pictionary 4p Pick Up Neon Day	<b>19 SPIRIT WEEK</b> 9a Coffee & Snack 10a Stretch & Breath 11a Memory Game 12p Lunch & Music 1p Dictionary fun 2p Happy Hour w/Music 3p Pictionary 4p Pick Up Candy Land Day	<b>20 SPIRIT WEEK</b> 9a Coffee & Snack 10a Stretch & Breath 11a Seek & Find 12p Lunch & Comedy 1p Dictionary fun 2p HappyHourw/Music 3p Pictionary 4p Pick Up Purple Day	<b>21 SPIRIT WEEK</b> 9a Coffee & Snack 10a Stretch & Breath 11a Memory Game 12p Lunch & History TV 1p Dictionary fun 2p Happy Hour w/Music 3p Pictionary 4p Pick Up Hawaiian Shirt Day
<b>24</b> 9a Coffee & Snack 10a Sit & Be Fit 11a Fairy Painting 12p Lunch Outdoors 1p Bingo For Prizes 2p Chat, Snack & Trivia 3p Balloon Tennis 4p Pick Up National Fairy Day	<b>25</b> 9a Coffee & Snack 10a Sit & Be Fit 11a Canvas Painting 12p Lunch Outdoors 1p Bingo For Prizes 2p Chat, Parfaits & Trivia 3p Balloon Tennis 4p Pick Up National Parfait Day	<b>26</b> 9a Coffee & Snack 10a Sit & Be Fit 11a Portrait Painting 12p Lunch Outdoors 1p Bingo For Prizes 2p Chat, Pudding & Trivia 3p Balloon Tennis 4p Pick Up National Pudding Day	<b>27</b> 9a Coffee & Snack 10a Sit & Be Fit 11a Outdoor Painting 12p Lunch Outdoors 1p Bingo For Prizes 2p Chat, Snack Trivia 3p Balloon Tennis 4p Pick Up National Bingo Day	<b>28</b> 9a Coffee & Snack 10a Sit & Be Fit 11a Abstract Painting 12p Lunch Outdoors 1p Bingo For Prizes 2p Chat, Tapioca & Trivia 3p Balloon Tennis 4p Pick Up National Tapioca Day