



FOUNDATION FOR SENIOR CARE

ADULT DAY CENTER – NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>November</p>  <p>2023</p>	 <p>Happy Thanksgiving</p>	<p>1</p> <p>9a Coffee & Snack 10a Bingo for Prizes 11a Scavenger Hunt 12p Lunch 1p Baking Fun 2p Chat & Chew 3p Parachute Fun 4p Pick Up</p> <p>National Cinnamon Day</p>	<p>2</p> <p>9a Coffee & Snack 10a Bowling 11a Gardening Club 12p Lunch 1p Pictionary 2p Chat & Chew 3p Courtyard Stroll 4p Pick Up</p> <p>National Deviled Eggs Day</p>	<p>3</p> <p>9a Coffee & Snack 10a Tai Chi Exercise 11a Woodwork Club 12p Lunch 1p Happy Hour w/music 2p Chat & Chew 3p Book Club 4p Pick Up</p> <p>Japanese Culture Day</p>
<p>6</p> <p>9a Coffee & Snack 10a Chair Yoga 11a Table Games 12p Lunch 1p Afternoon Stroll 2p Chat & Chew 3p Balloon Tennis 4p Pick Up</p> <p>National Dog Film Day</p>	<p>7</p> <p>9a Coffee & Snack 10a Music & Puzzles 11a Sponge Painting 12p Lunch 1p Family Feud 2p Chat & Chew 3p Finish the Phrase 4p Pick Up</p> <p>Cancer Awareness Day</p>	<p>8</p> <p>9a Coffee & Snack 10a Bingo for Prizes 11a Seek and Find 12p Lunch 1p Baking Fun 2p Chat & Chew 3p Floral Club 4p Pick Up</p> <p>National Cappuccino Day</p>	<p>9</p> <p>9a Coffee & Snack 10a Bowling 11a Gardening Club 12p Lunch 1p Pictionary 2p Chat & Chew 3p Courtyard Stroll 4p Pick Up</p> <p>National Grace Day</p>	<p>10</p> <p>9a Coffee & Snack 10a Tai Chi Exercise 11a Woodwork Club 12p Lunch 1p Happy Hour w/music 2p Chat & Chew 3p Book Club 4p Pick Up</p> <p>Marine Corps Birthday</p>
<p>13</p> <p>9a Coffee & Snack 10a Chair Yoga 11a Table Games 12p Lunch 1p Afternoon Stroll 2p Chat & Chew 3p Balloon Tennis 4p Pick Up</p> <p>World kindness day</p>	<p>14</p> <p>9a Coffee & Snack 10a Music & Puzzles 11a Abstract Painting 12p Lunch 1p Family Feud 2p Chat & Chew 3p Finish the Phrase 4p Pick Up</p> <p>World Diabetes Day</p>	<p>15</p> <p>9a Coffee & Snack 10a Bingo for Prizes 11a Scavenger Hunt 12p Lunch 1p Cooking Fun 2p Chat & Chew 3p Parachute Fun 4p Pick Up</p> <p>National Bundt Day</p>	<p>16</p> <p>9a Coffee & Snack 10a Morning Workout 11a Coffee & Snack 12p Cooking 1p Thanksgiving Feast Family Event 4p Pick Up</p> <p>World Philosophy Day</p>	<p>17</p> <p>9a Coffee & Snack 10a Tai Chi Exercise 11a Woodwork Club 12p Lunch 1p Happy Hour w/music 2p Chat & Chew 3p Book Club 4p Pick Up</p> <p>National Hiking Day</p>
<p>20</p> <p>9a Coffee & Snack 10a Chair Yoga 11a Table Games 12p Lunch 1p Afternoon Stroll 2p Chat & Chew 3p Balloon Tennis 4p Pick Up</p> <p>National Childs Day</p>	<p>21</p> <p>9a Coffee & Snack 10a Music & Puzzles 11a Rock Painting 12p Lunch 1p Family Feud 2p Chat & Chew 3p Finish the Phrase 4p Pick Up</p> <p>World Hello Day</p>	<p>22</p> <p>9a Coffee & Snack 10a Bingo For Prizes 11a Trivia Madness 12p Lunch 1p Baking Fun 2p Chat & Chew 3p Floral Club 4p Pick Up</p> <p>National JukeBox Day</p>	<p>23</p> <p>Happy Thanksgiving</p> <p>Club Closed for The Holiday</p>	<p>24</p> <p>Happy Thanksgiving</p> <p>Club Closed for The Holiday</p>
<p>27</p> <p>9a Coffee & Snack 10a Chair Yoga 11a Table Games 12p Lunch 1p Afternoon Stroll 2p Chat & Chew 3p Balloon Tennis 4p Pick Up</p> <p>National Tree Day</p>	<p>28</p> <p>9a Coffee & Snack 10a Music & Puzzles 11a Crafty Painting 12p Lunch 1p Family Feud 2p Chat & Chew 3p Finish the Phrase 4p Pick Up</p> <p>French Toast Day</p>	<p>29</p> <p>9a Coffee & Snack 10a Bingo For Prizes 11a Name that Tune 12p Lunch 1p Cooking Fun 2p Chat & Chew 3p Parachute Fun 4p Pick Up</p> <p>Square Dancing Day</p>	<p>30</p> <p>9a Coffee & Snack 10a Chair Jazzercise 11a Gardening Club 12p Lunch 1p Pictionary 2p Chat & Chew 3p Courtyard Stroll 4p Pick Up</p> <p>National Mousse Day</p>	 <p>November is the time to be thankful, a time to remember and to embrace those who enrich our lives. I'm thankful for a lot of things, but I'm most thankful for you</p> <p>Happy Thanksgiving</p>