



FOUNDATION FOR SENIOR CARE ADULT DAY CENTER

DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9a Coffee & Snack 10a Craft 11a Exercise 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Pictionary 4p Pick Up National Pie Day
4 9a Coffee & Snack 10a Connect 4 11a Craft 12p Lunch 1p Exercise 2p Chat & Chew 3p Name That Tune 4p Pick Up Wildlife Conversation Day	5 9a Coffee & Snack 10a Matching game 11a Exercise 12p Lunch 1p Bowling 2p Chat & Chew 3p BINGO 4p Pick Up International Volunteer Day	6 9a Coffee & Snack 10a Name 5 game 11a Exercise 12p Lunch 1p Happy Hour 2p Sip & Paint 3p Competitive cards 4p Pick Up Saint Nicolas Day	7 9a Coffee & Snack 10a Like/Like competition 11a Exercise 12p Lunch 1p Celebrate Hanukkah 2p Chat & Chew 3p BINGO 4p Pick Up First Day of Hanukkah	8 9a Coffee & Snack 10a Craft 11a Exercise 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Finish The Lyrics 4p Pick Up National Brownie Day
11 9a Coffee & Snack 10a Craft 11a Exercise 12p Lunch 1p Current Events 2p Chat & Chew 3p Reading Club 4p Pick Up National Stretch Day	12 9a Coffee & Snack 10a Gingerbread House 11a Exercise 12p Lunch 1p Finish that phrase 2p Chat & Chew 3p BINGO 4p Pick Up Gingerbread House Day	13 9a Coffee & Snack 10a Exercise 11a Health & Wellness 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Where in the World 4p Pick Up National Guard BDAY	14 9a Coffee & Snack 10a What with What 11a Competitive cards 12p Lunch 1p Exercise 2p Chat & Chew 3p BINGO 4p Pick Up National Alabama Day	15 FUNDRAISER 9a SANTA SHOP 10a Coffee & Snack 11a Matching Game 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Pictionary 4p Pick Up Final Day of Hanukkah
18 SPIRIT WEEK 9a CRAZY HAIR DAY 10a Coffee & Snack 11a Exercise 12p Lunch 1p Musical pass 2p Chat & Chew 3p Making Xmas Cards 4p Pick Up National Twin Day	19 SPIRIT WEEK 9a DRESS LIKE AN ELF 10a Coffee & Snack 11a Exercise 12p Lunch 1p Baking w/friends 2p Chat & Chew 3p BINGO 4p Pick Up Oatmeal Muffin Day	20 SPIRIT WEEK 9a UGLY SWEATER DAY 10a Coffee & Snack 11a SECRET SANTA 12p Lunch 1p Holiday Party 2p Chat & Chew 3p Conversation Game 4p Pick Up Go Caroling Day	21 SPIRIT WEEK 9a CHRISTMAS HAT DAY 10a Coffee & Snack 11a Exercise 12p Lunch 1p Conversation Game 2p Chat & Chew 3p BINGO 4p Pick Up National Humbug Day	22 SPIRIT WEEK 9a PAJAMA DAY 10a Coffee & Snack 11a Exercise 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Finish The Lyrics 4p Pick Up Forefather's Day
25 Ho Ho Ho 	26 9a Coffee & Snack 10a Craft 11a Exercise 12p Lunch 1p Baking W/friends 2p Chat & Chew 3p BINGO 4p Pick Up National Candy Cane Day	27 9a Coffee & Snack 10a Exercise 11a Health & Wellness 12p Lunch 1p Baking W/friends 2p Chat & Chew 3p Where in the World 4p Pick Up National Fruit Cake Day	28 9a Coffee & Snack 10a What with What 11a Competitive cards 12p Lunch 1p Exercise 2p Chat & Chew 3p BINGO 4p Pick Up National Card Playing Day	29 9a Coffee & Snack 10a Craft 11a Exercise 12p Lunch 1p Happy Hour 2p Chat & Chew 3p Pictionary 4p Pick Up No Interruptions Day